



Lawrence View Primary and Nursery School Curriculum Offer

Intent:

It is our intent that our PE curriculum is broad, rich and engaging, offering a wide variety of activities to enhance skills in physical education whilst also allowing our children to become physically literate. At Lawrence View, we recognise the importance of PE and the role it has to play in promoting long term, healthy lifestyles. Our P.E curriculum is driven through our school vision; to create a school environment where children learn and grow together to achieve their full potential, and our leaf values: curiosity, kindness, respect, aspiration, resilience; to ensure that we develop the physical, social and emotional wellbeing of our pupils, to allow our children to leave primary school with a positive attitude towards PE and keeping active and healthy. We understand physical education to be a vital part of a child's educational development, and as a result, we encourage positive and inclusive participation for all in physical education. We hope that this will enable our children to build self-esteem, team work skills, and positive values and attitudes in P.E. which can then be transferred across the curriculum and in their daily lives. We hope to inspire a lifelong passion within our pupils for keeping active and healthy.

Implement

Our use of the Sports Premium money has increased participation in physical activity within our school and has ensured that this level of participation is sustainable. The details of exactly how we spend the money can be found on our school website on the Sports Premium page. Across school, we provide two hours of quality physical education a week. This provides the children with opportunities to learn and take part in a broad range of physical activity and sports while at Lawrence View Primary. These opportunities are for all and we have adapted resources to ensure that all lessons are inclusive. In order to instil a passion within our children for keeping active, we also offer a range of extra-curricular clubs throughout the school year. These have proven to be popular with pupils and their parents. All of our clubs are inclusive, and we often encourage children that do not have many other opportunities to be involved in physical activities or a sport. Some of our clubs are led by external sports coaches, who have been integral to the success of our extra-curricular sports clubs. These sports coaches also provide some PPA cover, and so help us to provide our pupils with consistent, high-quality lessons. As well as this, they also support us in our participation at inter-school competitions. Lawrence View are proud to be part of the Broxtowe Partnership School Sport Programme, which enables us to take part in many inter-school competitions. Our aim is to enable every child to experience playing a sport at a competition in their time at Lawrence View, whether it is competitive, for participation or to aim for personal bests. We hope to capture our pupils and foster aspirations through opportunity for every child in our school to visit a sporting venue and to also meet an inspiring sportsman.

In Key Stage one pupils are taught to:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- Participate in team games, developing simple tactics for attacking and defending.
- Perform dances using simple movement patterns.

In Key Stage two pupils are taught to:

- Use running, jumping, throwing and catching in isolation and in combination.

Respect, Curiosity, Kindness, Aspiration, Resilience.



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- Play competitive games, modified where appropriate.
- Develop flexibility, strength, technique, control and balance.
- Perform dances using a range of movement patterns.
- Take part in outdoor and adventurous activity challenges both individually and within a team.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

We provide all children swimming instruction in Lower Key Stage Two.

We celebrate children's achievements and exhibit skills in many ways including through sports days, dance performances, cross country events, football fixtures, and swimming galas.

The intended impact of our PE curriculum offer is outlined below:

- Children will enjoy physical activities and sports.
- All children will participate in physical activities.
- Two hours of PE will take place across school each week.
- Children will experience consistent, quality PE lessons.
- Children will have access to a broad range of extra-curricular activities.
- Children will understand the benefits of leading an active and healthy lifestyle and will feel empowered and motivated to continue to be active this during their time at Lawrence View and after.
- Some children may expand their own opportunities based on an interest being sparked at school, e.g. join an external sports club.
- All children are included in PE lessons and all clubs are inclusive too.
- Improved, behaviour, focus and attainment in other areas of the curriculum.
- Improved mental health for the children.
- Children will understand some of the science behind how our bodies work and react when we exercise.
- Children will develop the spirit of the game's values of honesty, determination, teamwork, self-belief, passion and respect.
- Children will develop team skills and build relationships and friendships with each other.
- Children will improve their fitness levels, balance and co-ordination.
- Children in lower key stage 2 will have access to a term of swimming
- All key stage 2 children will experience at least one adventurous activity during their time at Lawrence View
- All children will visit a sporting venue
- All children will meet at least one inspiring athlete during their time at Lawrence View